

TANZANIA:

You're bringing better care to children in Tanzania

Every morning, a long line of parents with their sick children begins to form outside Maweni Hospital in Kigoma, Tanzania. Many of these children are suffering from common illnesses like malaria, diarrhea, sepsis and malnutrition. Others have more serious conditions like tuberculosis, sickle cell anemia, or kidney disease.

Despite health workers doing their best to examine and treat every child in this line, they are overwhelmed and under-resourced. With a major doctor shortage in rural areas like Kigoma, nurses like Nuru Ndijuye must go beyond the call of duty, prescribing treatments, performing resuscitation and managing very sick patients without much physician support.

But you are helping the nurses at Maweni Hospital get the additional skills they need.

That training comes from Cuso International volunteers like Dr. Bruce D'Souza, who helped out in the hospital's neonatal and pediatric wards.

Donors like you fostered the life-saving partnership between Dr. Bruce and the staff at Maweni Hospital.

Together they prescribed antibiotic treatments, inserted IVs, examined x-rays, and offered the best care they could with the limited supplies they had. This care was often enough to heal children's bodies and ease their parents' concern.

In his final two weeks as a volunteer, Dr. Bruce provided essential training in neonatal resuscitation to health workers in smaller clinics around Kigoma. Being closer to communities, these primary health care providers are on the frontlines of care, and therefore play a critical role in keeping babies alive.



"I was very fortunate to be surrounded by a well-grounded and hard-working team of nurses. I came to rely on them as we worked together."

- Dr. Bruce D'Souza

Your gifts make it possible for Canadian volunteers like Dr. Bruce to share their expertise with health workers, and give vulnerable children the care they need to survive.



NIGERIA:

Mercy is a prosperous poultry farmer, thanks to you!

Mercy Ebuara almost gave up. After working so hard to build a successful poultry farm, she lost half of her chickens and almost all the money she invested. She simply didn't know how to move forward and keep her business afloat. Upon encouragement from a friend, she attended Cuso International's YouLead entrepreneurship training. She learned how to vaccinate her chickens and adopt good hygienic practices that prevent the spread of disease.

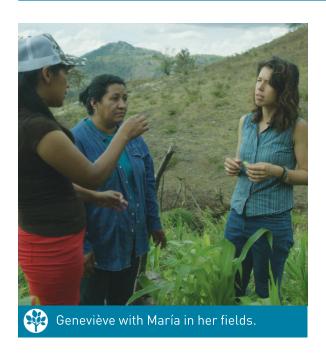
"Cuso International has helped me very much in training, mentoring and making sure that my business runs well today. I've gained so much." - Mercy

With her newfound knowledge she reinvested in her farm, and within a year, her number of chickens increased from 250 to 3,000! Now, she advises other young people to be courageous, seek out learning opportunities, and start their own businesses.



NICARAGUA:

You helped María grow crops to feed her family.



During the dry season, María José Berrios resorted to digging for water with a shovel. No matter how much she tried, she could never retrieve enough to irrigate the plot of land she relied on for food. This meant for up to six months of every year, she couldn't grow any crops. María desperately needed a consistent source of water, and with the help of Geneviève Potvin, a Cuso International volunteer, she got it. Geneviève worked with María and other female farmers to build a reservoir near their fields. Now, with more than enough water available year-round, they're growing squash and corn to eat, to sell, and to build a more secure future for themselves and their children.

"My goal and dream for my future and the future of my family is to become a great producer - to produce, to take to the market, to generate more income for my home."

- María

MYANMAR:

Your support sent Kim to strengthen legal services for victims of violence.



Kim Hawkins knows how helpful it is to receive sound advice and useful tools when starting a non-profit organization.

After all, she recently launched the Rise Women's Legal Centre, which offers free services to low income women in Vancouver. Kim decided to become a Cuso International volunteer so she could share the lessons she had learned with Aye Mon Thu, the

director of a pro bono lawyer's network in Myanmar that also specializes in cases involving women and children.

"I could always tell when something was going to be useful because Aye's eyes would light up, and she would say: 'this needs to be translated immediately!'," Kim said.

While working together, Kim and Aye found that when it comes to seeking justice in cases of gender-based violence, there are many similarities between women in Canada and Myanmar. In both countries, it's difficult for women to report incidents, and many can't obtain legal aid or afford to hire a lawyer.

By sharing their experiences, challenges and strategies, Kim and Aye will improve their efforts to help vulnerable women access justice, safety and equality.

"One thing that I know for sure is that women's organizations do their best work when we work together to change attitudes and support each other's work," Kim said.

Every \$1 has the power of \$10

Thanks to our partners and funders, your gift will go ten times further. That means you'll do even more for vulnerable women, men and children.

Give now and watch your generosity do 10x the good!

YOUR GIFT	YOUR IMPACT
^{\$} 25	\$250
\$100	\$1000
\$250	\$2500

We'd love to hear from you



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