

IMPACT



YOUR GIFTS IN ACTION
SPRING 2024

**You're building resilience
and driving change.**

Supporting women to achieve financial independence in Honduras P2

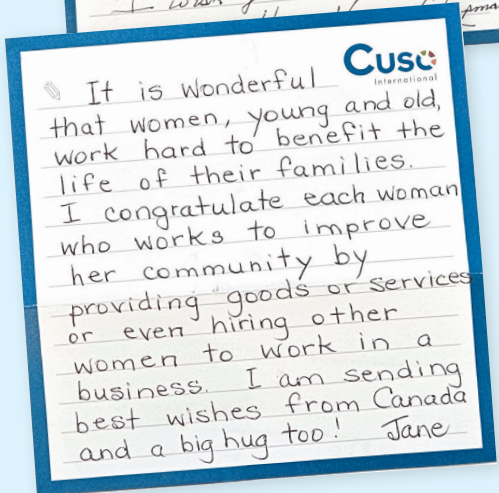
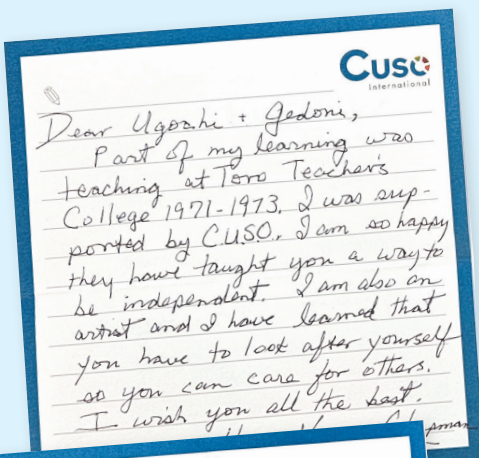
Training farmers in Cameroon to adapt to climate change P3

Expanding employment opportunities for women with disabilities P4

Your words uplift women around the world.



Pictured below are notes sent by donors to Ugochi and Gedoni. After surviving gender-based violence, these women forged a safer, more independent path forward by receiving training to start their own small businesses. Thank you for your generosity and kind words.



Cameroon

You're helping farmers gain skills on "climate-smart" agriculture.

Supporters like you are helping farmers in Cameroon receive training on climate-adapted agriculture. Just outside of Cameroon's capital Yaoundé, a cooperative of Indigenous farmers have been growing crops in the Mbalmayo area's rich and fertile soil.

But over the past few years, the high-quality soil hasn't been enough to guarantee successful harvests. Climate change has made it difficult for these farmers to predict weather patterns for planting.

"We've learned how to improve the health of the soil to increase our yields in the fields. We have a good partnership with Cuso International, and it's been a great journey so far." – Essadjo, leader of the farmers' cooperative.

Thanks to donors like you, our local partner and volunteers, farmers are being trained on sustainable and efficient farming techniques. These farmers can grow and sell crops despite these hardships.

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This program has helped 13 women and 4 men learn the skills necessary to safeguard their livelihoods and food security.



Honduras

You're helping women build economic resilience.

Living in a rural area of Honduras, Maria wanted more for herself and her family.

With few economic resources, her and her husband struggled to meet basic needs. She yearned for more financial security.

Thanks to your support, Maria is achieving her dreams through an entrepreneurship development program. She's learned how to start a small business, save money, and is now guiding and helping others as the president of a women's savings and mutual aid group.

"I think that the lack of knowledge about these issues has kept us stagnant. Now that we have more knowledge, we can move our family and community forward and it is all thanks to the Cuso International facilitators." – Maria



Did you know?

Cuso International is working with partners and communities in 17 countries to increase economic opportunities and employment for women and youth.

Your impact in 2022-2023



992,044 participants



312 partners



222 volunteers



14,727 donors

Thanks to supporters like you:

women and girls around the world have benefitted from the skills and knowledge shared by Cuso International programs.



Jamaica



You're helping women with disabilities create brighter futures.

Your support opens doors to inclusion. Daveisha is proof of that.

Diagnosed with an intellectual disability and HIV positive, she knew her opportunities to find a job in Jamaica were limited. That's often the case for people in the special needs community. But Daveisha's

confidence in herself and her future started to change when she was introduced to Cuso International's partner, the Abilities Foundation. This community-based organization in Jamaica trains women with disabilities in sustainable agriculture, providing a path towards employment and independence.

"I always liked farming but didn't know what to do. Now I know how and what to do. I feel empowered and I am excited about life." – Daveisha

Daveisha has finished her training and started her own backyard garden. She plans to grow it into a business, while also training and employing others with disabilities in the future.

