

# IMPACT



YOUR GIFTS IN ACTION  
SPRING 2023

**You're helping women and girls  
build brighter futures.**

Creating career opportunities in Cameroon P2

Strengthening food security through urban farming in Peru P3

Growing confidence and crops in Tanzania P4





## Your words and actions mean so much.

We're constantly amazed at the way donors like you express your support. You show up with generosity, commitment and words of encouragement.

The notes pictured below are written by donors who wanted to directly reach out to Verediana and her classmates at the AKOS school in Tanzania during the holidays last year. Thank you for your heartfelt greetings and ensuring young women like Verediana feel supported.

## You're helping Thérèse pursue her dreams.

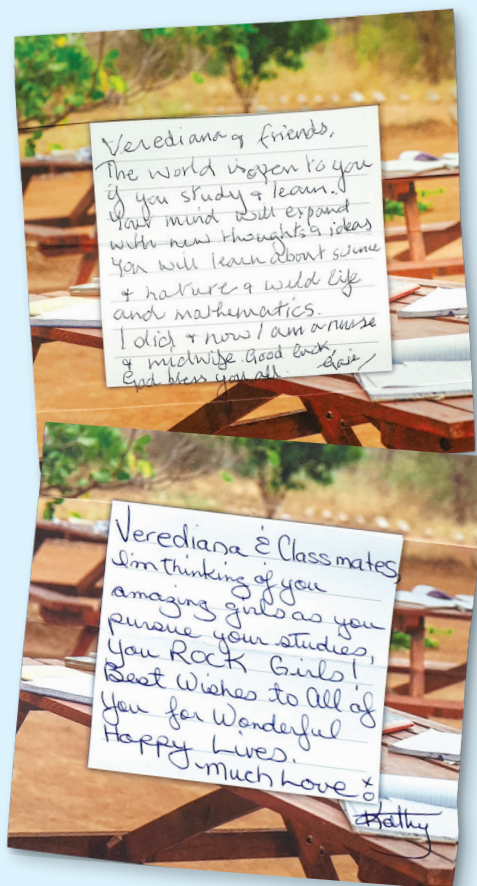
What does the future look like for a single mother in Cameroon who didn't finish school? Thanks to donors like you, she could become a tailor, open her own restaurant, or provide basic medical care in her community.

These paths are possible through a vocational training program offered by our partner, Centre de Promotion

de la Femme et de la Famille. The training, provided by Cuso International volunteers, provides women like Thérèse the skills and confidence to earn their own income, take care of their families and contribute to their communities.

**Thérèse hopes to offer medical support and basic healthcare services in her community.**

*"Thanks to my training, I am not only more confident in myself, but also have the recognition from my family. My neighbors call me "docta." – Thérèse*







urban gardening as part of the MUSA project in Peru. She's now created a thriving vegetable garden next to the kitchen.

You're helping Luzmila acquire the tools and skills she needs to sustainably grow fresh produce for her kitchen. Now, she no longer relies on more expensive food markets outside her community. She can also sell her produce in local markets.

## You're ensuring food security for Luzmila and her community.

When you give to Cuso International, women have the support to uplift themselves and their communities. Luzmila is proof of that.

You may remember Luzmila from a previous update. She helped launch a community

soup kitchen to serve food to families in her community on the outskirts of Lima, Peru.

Thanks to your generosity, we're happy to report that her kitchen is still operating and that she's recently received training from Cuso International volunteers on

You're helping Luzmila build autonomy for herself and her community.

### IMPACT

**The MUSA project launched in 2022, and thanks to your support, now works with 40 communities in Peru.**

## You're helping women achieve financial independence.

Thanks to your generosity and our local partner in Lima, Peru, we've recently introduced a certification that validates the quality of produce farmed in our urban garden project in the city. This certification will allow gardeners to access new markets and earn more income.





## You're planting seeds of change for Jesca.

Thanks to you, Jesca has the chance to learn, grow and thrive.

As the chilli peppers in Jesca's farm grow, so does her confidence and optimism for the future—and it's all thanks to Cuso International supporters like you.

*"My life has changed so much because everything is mine." – Jesca*

When Jesca's father passed away, her mother was left to care for her family. Jesca then realized she needed an education that could lead her towards financial independence. She found the

perfect opportunity through the Kizimba Business Model in Tanzania, a project supported by our donors and partners.

The project provides young women with plots of land so they can farm crops with strong

market demand. But successful farming requires more than land. These young women also need to know how to manage, sell and market their crops. Cuso International volunteers help

fill this gap by teaching classes in agribusiness management, finance, and agricultural engineering.

Jesca planted her first crop of habanero seeds last April and is well on her way to becoming a budding entrepreneur.

**Your support helps young women like Jesca cultivate land, earn their own income and achieve their goals.**

### IMPACT

**Thanks to your support, the project has provided more than 1,000 acres of land to Tanzanian youth.**



123 Slater Street, Suite 800, Ottawa ON, Canada K1P 5H2

If you have any questions or need more information, please contact us at [donorrelations@cusointernational.org](mailto:donorrelations@cusointernational.org)

© Cuso International, 2023.  
Printed in Canada



Global Affairs  
Canada

Affaires mondiales  
Canada

We gratefully acknowledge the financial support of the Government of Canada provided through Global Affairs Canada

Cuso International is a registered charitable organization.

Canada: no. 81111 6813 RR0001 • United States: no. 42-1769535 4

